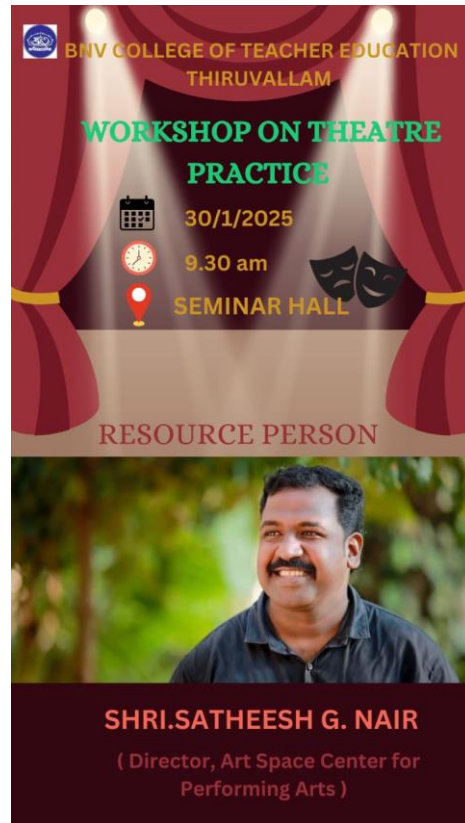


## THEATRE PRACTICE WORKSHOP



Theatre practice workshop was conducted on January 30th, 2025, for the B.Ed. students of the 2024-2025 batch at BNV College of Teacher Education. The resource person for the workshop was Mr. Satheesh G. Nair, the Director of Arts Space Centre for Performing Arts. The program commenced with a prayer led by Ms. Lakshmi, followed by a welcoming address from the teacher coordinator, Ms. Aswathy. The session was highly interactive and engaging. Instead of merely lecturing on the benefits of incorporating theatre art into education, Mr. Nair guided the students through various practical exercises aimed at helping them integrate these techniques into their future teaching practices.

To begin the session, participants were asked to sit in a circle, which facilitated a sense of unity and equality, ensuring that everyone could see each other. This setup reinforced the idea of shared experiences and collaborative learning. Mr. Nair began by providing a brief explanation of the significance of the arts, focusing on their meanings and relevance in educational contexts. The first part of the session centered on the fundamentals of performing arts, which he identified as the body, voice, and mind. He elaborated on the importance of each of these components in theatrical expression and teaching.

During this segment, the students participated in various activities to explore different emotional states, such as happiness, sorrow, and anger, while also learning to modulate their voices to reflect these emotions. The group enacted a poem that required participants to demonstrate a wide range of expressions and sound modulations. The first poem included actions paired with voice modulation, while the second one added facial expressions to these elements. The activity was both lively and thought-provoking, and the hands-on approach kept the students deeply engaged.

The second part of the session shifted focus to scriptwriting. Mr. Nair explained the essential factors to consider when creating a script, such as the setting (time and place) and the development of characters. He emphasized the importance of constructing a narrative that is both meaningful and relatable, keeping in mind the educational context in which it will be used. The students were encouraged to think creatively while also considering the pedagogical value of the scripts they would create.

The final session of the workshop involved putting the theory into practice. Each group was tasked with writing and performing a short script based on a specific theme. The groups were divided according to their optional subjects, and the Physical Science group was assigned to create a play

related to a scientific concept. The script was to be completed within 15 minutes, and the groups were given only 10 minutes to rehearse before performing it on stage.

Our group, named “Newton,” chose to create a play based on the scientific concept of inertia. The play, titled “Inertia,” depicted a schoolgirl who experiences the effects of inertia while getting on and off a bus. She becomes curious about the phenomenon and seeks clarification from her teacher. The first scene takes place at the girl’s home, where her mother helps her get ready for school. The second scene occurs at the bus stop, where the girl waits for the bus. Upon boarding the bus, she feels her body move backward as the bus accelerates, and when the bus halts, she is thrown forward. This confuses her, and she discusses her experience with a friend. The third scene unfolds in the classroom, where the girl and her friend ask their teacher to explain the concept of inertia. The teacher uses the situation as a teaching moment, describing the role of inertia and its relevance in everyday life. The play concluded by highlighting the importance of science in daily activities, leaving the audience with a deeper understanding of the concept.

Following the performances, the participants were invited to share their feedback on the workshop. One student from each group gave a brief overview of their experience. The session concluded with a vote of thanks delivered by the teacher coordinator, Ms. Aswathy, who expressed gratitude to Mr. Nair for his insightful session and to all participants for their active involvement.

The workshop was an enriching experience that not only provided valuable insights into the integration of theatre arts into education but also offered practical tools for future educators to incorporate creativity and performance techniques into their teaching.

The theatre practice workshop proved to be an invaluable experience for B.Ed. students, providing practical insights into integrating drama and performing arts into education. Through interactive

exercises, scriptwriting, and performance, students learned to use theatre as a dynamic tool for fostering creativity, communication, and critical thinking in the classroom. The workshop highlighted the importance of engaging students through hands-on learning and emotional expression, enhancing both their teaching skills and personal growth. Overall, the session inspired future educators to embrace theatre as a powerful medium to make learning more interactive, inclusive, and engaging for diverse learners.

The theatre practice workshop was highly engaging and informative, offering valuable insights for future educators. One suggestion for improvement would be to include a short interval between the sessions. A brief break would allow participants to reflect on the activities, recharge, and maintain focus throughout the day. This would also enhance overall engagement and help sustain energy levels, ensuring that the participants remain fully involved in the interactive and creative exercises.